



Committee Notes for 2024 season.

Hi Everyone

The end of the close season is fast approaching, we are all looking forward to reopening at the end of March. For those new to the club this means a sort of spring clean when we bring everything out of winter storage ready for the new season. We try and do this over the work party weekend which this year is 16/17th March. There is a list of jobs at the end of this newsletter, by no means exhaustive but sufficient to allow club to open up.

Thank you to all who attended the AGM in December. As is always the case there is a shortage of members willing to help out with the running of the club- please remember it is a club run by volunteers – so any and all assistance is appreciated.

Keith stood down as Commodore having carried the role on many occasions over the years, however he and honorable seaman Bertie still intend to play a vital role in club life.

At the AGM we welcomed Hayley to the organising committee, she has offered to look at ways to increase members involvement in club life and we look forward to seeing the fruits of her labour in the coming season.

So lots to look forward to.

CANOE CLUB

Richard Anderson

The winter pool sessions ended in February, thanks to all who attended. There will be a short break before club sessions at the lake restart and I will give you the heads up over the facebook page when the restart date is confirmed.

All welcome but I need to have an idea on numbers .

Thanks All!



Cruiser Corner

As mentioned below cruiser owners are requested to arrange their mooring with Keith or Tracey before launching. Remember the water level can vary considerably over the year, presenting a greater need to regularly check your mooring. You can look at the lake level online at Natural Resource Wales

<https://rivers-and-seas.naturalresources.wales/Station/4289>.

A gentle reminder that boat trailers should not be left at the club.

Boat Park

An increasing number of boats and canoes are left at the club and never used. Whilst there is sometimes a good reason for this , it is not within the spirit of the club and restricts availability of space for new members.

Club rules call for all craft to be seaworthy, a number of stored craft are now not in good condition and the owners will be contacted to remedy this.

Training

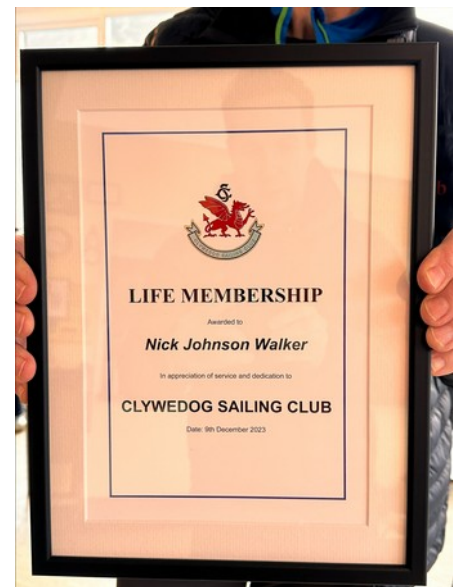
Rib drivers will be given the opportunity of refresher sessions to go through basic manoeuvres as well re familiarisation with club equipment and procedures.

Timings to follow.



Life membership certificates

Long standing club members Paul and Nick were presented with Life Membership Certificates to at the recent club committee meeting after they were both elected as Honorary life members at the AGM in December.



Bouyancy Aids (BA's)

You may have read about recall notices on a number of bouyancy aids. These recall products have not been tested to comply with safety regulations in Europe (UK still follows these regulations).

If you are considering purchasing a new BA, search for a CE certified product that will be suitable for your build and weight. If you already have your own equipment check it regularly for any rips or tears in the body and straps , and also any damage to the internal bouyancy such as crushing , all of this will reduce its efficiency.

Finally don't forget your BA should be a snug fit - leg straps are a good idea, RNLI, Police and Fire Brigade use them.

If you have to be hauled out we don't want you slipping out !

Provisional calender for 2024

This may be subject to changes :

<p>MARCH 16-17 Reopen the Club. Working Weekend. Everyone needed, lots to do.</p> <p>MARCH 24 – Launch and Sail welcome to the season</p> <p>MARCH 31 – April 1 Easter Weekend open sail and paddle</p> <p>APRIL 4 Canoe lake sessions restart</p> <p>APRIL 7 Free Sail .</p> <p>APRIL 14 Free Sail .</p> <p>APRIL 21 Free Sail .</p> <p>APRIL 28 Free Sail .</p> <p>MAY 5 CLUB Event.</p> <p>MAY 12 Free Sail . .</p> <p>MAY 19 Free Sail .</p> <p>MAY 26 Spring Bank Holiday Free Sail.</p> <p>JUNE 1 Sailability Day</p> <p>JUNE 2 Free Sail .</p> <p>JUNE 9 Free Sail .</p> <p>JUNE 16 Fathers Day Paddle & Sail</p> <p>JUNE 23 Free Sail .</p> <p>JUNE 30 Free Sail .</p>	<p>JULY 7 – Free Sail .</p> <p>JULY 14 Free Sail .</p> <p>JULY 21 Cruiser Weekend</p> <p>JULY 28 Free Sail .</p> <p>AUGUST 4 – Bank Holiday weekend.</p> <p>AUGUST 11 Free Sail .</p> <p>AUGUST 18 Free Sail .</p> <p>AUGUST 24-26 – Event: CVRDA (vintage dinghies) event, long sailing weekend, all welcome regardless of class of boat.</p> <p>SEPT 1 Free Sail .</p> <p>SEPT 8 Free Sail .</p> <p>SEPT 15 Free Sail .</p> <p>SEPT 22 Free Sail .</p> <p>SEPT 29 Free Sail .</p> <p>OCT 6 Free Sail .</p> <p>OCT 13 Free Sail .</p> <p>OCT 20 Free Sail .</p> <p>OCT 26-27 – Clocks go back Work Party - Winter Close Down Weekend</p>
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Work Party

Saturday and Sunday 16/17 March.

Hot soup , rolls and drinks will be provided..

Please try and put some time aside to come and help to reopen the club. Bring old clothes and gloves. If you can assist with any of the grounds items bring some tools if available.

Work Party Jobs

Saturday and Sunday 16/17 March.

Clubhouse

Remove all sails to outside store areas.
Check and remove all BA's and cags to kit shed.
Galley -Clean all surfaces, remove any rubbish .
Toilets Remove any rubbish, disinfect surfaces.
Main room General tidy, OD Office General tidy ,

Water Based

Clean water pump
Put out Racing Buoys.
Check all moorings and extend to full length (Kevin and Keith)
Bring jetty from creek.
Launch remaining club boats.
Launch Disability jetty

Boats

All boats stored over winter to be righted, rigged , cleaned if required and if any remedial action required advise Keith or Paul.

No other boats to be secured to moorings without permission.

Grounds

Erect signage and flags, Move outside tables

Plus anything else that crops up !

Notice of meeting - from Natural Resources Wales



Natural resource Wales are running a program into pollution to waterways caused by abandoned metal mines throughout Wales.

Some of these date back to Roman times with the most recent closing in the 1930's. Whilst this does not effect sailing and paddling activities it is useful to know that the mines located at **Fan** at the far end of the lake and at **Dylife** between Llanidloes and Machynlleth have continued to this day to leach material from spoil heaps and workings.

Pollution from metals such as cadmium, zinc, lead ,copper and silver exists in the the watercourses flowing inland past Llanidloes and to the sea via the Dyfi and is a principle cause of waterbodies in Wales failing to achieve European Water Framework Directive (WFD) standards .

In 2020 Welsh Government set up The Metal (Non-Coal) Mines rolling Programme to address this pollution question. If you are interested, there is a drop in meeting **March 13th 12pm to 7pm at Staylitle Community Hall** to share views and learn more about the project.

More info :

<https://ymgynggori.cyfoethnaturiol.cymru/metal-mines/metal-mine-water-pollution/>

Paddling and Sailing Safety Guidance

On a bright day the lake looks inviting, if you intend going on the water then look at the advice from British Canoeing and Atoll SUP boards.

This advice echoes the Club lone sailing policy emphasising that with a bit of extra planning you can safely enjoy your paddling .

Their top tips are :

- 1. Check the weather, check the water**
- 2. Plan your session**
- 3. Be prepared for cold water and dress appropriately**
- 4. Be a social paddler**
- 5. Wear a buoyancy aid- make sure it fits, no rips or damage, CE mark.**
- 6. Take a phone or VHF radio**
- 7. Take spare clothes**
- 8. Think about food and drink**
- 9. Stay hydrated**
- 10. Enjoy your paddling!**

Click on their links to look for more detail...

<https://www.britishcanoeing.org.uk/news/2017/winter-paddling-safety-guidance>

<https://atollboards.com/how-to-dress-for-cold-water-paddling-even-if-you-dont-have-a-full-wet-suit/>



USE OF CLUB EQUIPMENT POLICY

The Use of Club Equipment policy is intended to support members safely in the early stages of their sailing and paddlesports development.,

The club maintains a fleet of craft, including sailing dinghies, paddleboards, and kayaks as well as a selection of personal equipment for member's use during club instructor-led activity sessions. The club fleet is also used to run community-based events such as open days and taster sessions.

For the 2024 season there will continue to be no charge for member's use of club craft and equipment during club sessions.

Club instructor-led activity sessions, when there are appropriate qualified instructors and safety measures in place, are primarily:

- Sailing – Sundays
- Paddleboarding – Thursday evening SUP club
- Kayaking – Thursday evening canoe club
- Other ad-hoc and programmed events which will be communicated in advance

The club sessions are designed to provide a pathway for new members, those wishing to develop skills in the various disciplines, gain qualifications, progress in their chosen discipline, e.g., racing, or just to enjoy the activity as part of a group session. As such club craft and equipment are not generally available for casual use outside of the prescribed activities.

Use of club sailing dinghies is only permitted when safety cover is active on the lake, provided by a club helm who holds at least RYA PB2 certificate.

Members wishing to enjoy the activities on the lake outside of the club-led sessions are expected to follow the club lone sailing/paddling guidelines and to have a level of competency in the respective activity, be confident in their ability to self-rescue and to rescue others in their group, and to provide their own craft and personal equipment.

REMEMBER:

A proper fitting buoyancy aid is mandatory for all activity on the water .

Waist belt buoyancy aids are not permitted for use on the lake.

Complete the relevant equipment log book so we have a record of usage.

Useful Links:	
Club Website	https://clywedogsailing.org.uk
Members Facebook	

Newsletter: send news and pictures to...

paulfeely@btinternet.com

Original Graphics – thanks Chris Dartnell