



**Well it looks like a return to traditional Welsh weather , July saw an end to the tropical temperatures- at least for awhile ??- the upside is good access as the lake water level has been maintained .**

**Ospreys successfully nested at the point giving us a ringside seat watching these beautiful birds from the comfort of the clubhouse.**

## **Aug 25-28th 2023 CLASSIC & VINTAGE RACING DINGHY ASSOCIATION CVRDA RALLY**

**INVITATION TO ALL CLUB MEMBERS**

Clywedog S C invite owners of Classic Dinghies to this annual celebration of sail. Join us for a great weekend of friendly rivalry and the legendary Clywedog hospitality

**Entry Qualification :** The ethos of the CVRDA is simple. The class must have been designed before 1965, and built before 1990 to qualify. GRP is as welcome as wood and most of the boats have the sort of finish associated with boats which get used regularly, rather than dusted once a month. As 1965 is a key date for the association, it was decided to use Yardsticks from then. Even if your boat does not qualify all are welcome to come and join in. The club has 2 boats that qualify that are available for competent sailors. All are welcome to join in for the whole weekend though your boat has to be of a certain age to qualify <http://www.cvrda.org/who-can-come/>

You can all race with us though, not be eligible for CVRDA prizes

Starting on Sat with the main races on Sunday and Monday morning  
Saturday/Sunday nights social and meal £10 per head

**Contact Keith Rollinson 01686640305 email: [keith@rollinson.me](mailto:keith@rollinson.me)**

For more details on CVRDA see Website [www.cvrda.org.uk](http://www.cvrda.org.uk)

## Commodores Notes.

Despite July being a bit of a wash out we still seem to have achieved a great deal on the water, as you can see from our full newsletter this month. We were really pleased with the turnout for Sailing this Sunday and we encourage all to try and find time to sail more frequently as we did need to go back to basics with some. The smiley faces in the afternoon when it was all coming together really pleased me. There will always be someone on hand on Sundays for advice/tips and sailing buddies.



You will have seen plug for CVRDA Weekend. This really is the highlight of the Sailing Calendar and please we would love to see any of you over the Weekend just to soak up the atmosphere - hospitality and friendship and see some lovely old dinghies being put through there paces. Maggie and team will be providing us with some lovely local food too.

I know we have a lot of members who take advantage of the quieter time during the week and long may you enjoy our club this way.

The organised events and programme would not run without our pool of willing volunteers and we encourage more of you to come and join us over the weekends.

Regards to all

Keith and honorary (Able Seaman Bertie)

# BIG PADDLE ( SUP and SAIL ) AND BBQ

Richard Anderson organised a really great day bringing guests from Welshpool Canoe club together with a good number of club members for a leisurely extended paddle and sail followed by an excellent BBQ.



Big thanks to Keith, Maggie, Hayley and all who helped on the food side and again special mention to Rich for putting in the organising effort.

Brilliant to see the club busy.

## Cruiser Corner

This month we were sorry to lose Rob and his Swift 18- the call of the sea was too strong ! ... but we look forward to seeing two new boats gracing the water, a very smart E boat and Mark R,s Formula One "Smiley".



# Clywedog SC working with the community

## Llanidloes High School

We were pleased to welcome back pupils from Llanidloes High School for a day of trying out water activities at Clywedog – sailing, SUP and kayaking.



Thanks to Richard, Andy J and Rosie for giving their time to make the day a success for the school.



## Llanidloes Brownies SUP experience

Kate Williams brought part of Llanidloes Brownie group to the club for a SUP taster session provided by Andy Jobling. They absolutely loved it. Great experience and watch their confidence grow. Thanks again Andy.



## Other news-

**Canoe Club** will still look to operate over the rest of the summer, see Richard or the facebook page for details.

**This month** - officials from from **Hafren Dwfrydwy** will be using the slipway to launch another survey vessel , again this won't impact use of the slipway.

## Club repairs-

you will have noticed this is an ongoing item -



Jase and Tracey completed the new bosuns store at the rear of the clubhouse- and reinvigorated the exterior in a deep shade of quarry red, not to be stopped they repainted all the clubhouse woodwork, the lake map and the car park barriers !



During August we'll have visits from environmental health to check the water quality, from EOM in Newtown to undertake the 5 yearly club wiring check and BMJ Plumbing will attend to the annual boiler service.

## Club Hot Water quick note.....

We found that someone had turned off the hot water supply to the galley sink ..... Quite why is a mystery.

As the clubhouse is closed a lot of the time the water supply is turned off to save power and wear on the water pump. On the galley counter there are instructions as to how to operate the water, including how to shut it off when you are finished.

If you notice a problem which cannot be simply rectified, can you make a note in the maintenance diary on the desk and also bring it to the attention of a committee member.

.....and so the work on the good ship Clywedog goes on..... many thanks to those members who continue to give some of their time to complete these jobs so everyone can enjoy the facility.

In the meantime we all have to take responsibility for keeping the club clean. We ask all members- and their visitors- to remember these few simple rules for everyone's benefit.

Take home all rubbish you may generate

Wash, dry and put away any crockery and cutlery you may use, leave the galley clean.

If using showers use the mop or squeegee to dry off any water on the floor.

We are a volunteer club and everyone has a responsibility to keep the place clean, tidy and secure.

# Provisional Dates for rest of 2023 season

**AUGUST 13 – Racing. Summer Series (Races 7,8,9)**

**AUGUST 20 – Free Sail and Informal Training. All welcome**

**AUGUST 26-28 – Event: CVRDA event, race day on 27th, all welcome regardless of class of boat. Free Sailing on the Sunday and social on the Saturday**

**SEPTEMBER 2 – Free Sail and Informal Training. All welcome**

**SEPTEMBER 3 – Event. Youth Regatta Day – training, racing and general fun. Adults welcome!**

**SEPTEMBER 10 – Free Sail and Informal Training. All welcome**

**SEPTEMBER 17 – Racing. Pursuit Racing (1,2,3) 24 – Racing. Autumn Series (Handicap races 1,2,3,4)**

**OCTOBER 1 – Free Sail and Informal Training. All welcome**

**OCTOBER 8 – Racing. Pursuit Racing (4,5,6)**

**OCTOBER 15 – Racing. Autumn Series (Handicap races 5,6,7,8)**

**OCTOBER 22 - Racing & Event. Final Fling WINTER**

**OCTOBER 28 & 29 – Clocks go back End of season Work Party Weekend**

## DUTY OFFICERS      AUG - SEPT

Date	Duty Officer	Instructor	Safety	Crew
Sat Aug 12	Des R.			
Sun Aug 13	Maggie A.		Kevin A.	Mark R.
Sat Aug 19	Mick C.			
Sun Aug 20	Mick C.	Keith R	Stef F.	R.Grant
Aug 25-29	CVRDA	Details to	follow	
Sat Sep 2	Gillian R			
Sun Sep 3	Paul F.	Stef F.	Chris D.	Nick Smart
Sat Sep 9	Mick C ?			
Sun Sep 10	Keith R.	Keith R.	Lorraine P.	Antony Behan
Sat Sep 16	Des R?			
Sun Sep 17	Paul F.	Stef F.	Lee W.	Tom Pert
Sun Sep 24	Richard A.		Rich Adamo	Ben Butler

**updated Rota to end of Sept please check and let us know if not available.**

## **DUTY OFFICER ROLE      AUG - SEPT**

**Open Clubhouse and check all well.**

### **Welcome Duties**

**Be on site generally for queries, access to kit where applicable, filling in logs. reception, club familiarisation for new members and admin duties.**

**Check whether the camping Register and Caravan logs been filled in by anyone staying at the club.**

**Collect any Day membership where applicable with rules , put cash in envelopes and put in box in Kitchen or give to Des if present.**

**Optional : Fill Water Geyser, and if happy to provide Teas/Coffees put tuck shop bits out (which means need to bring some milk) Price list is on a blackboard.**



# Paddling and Sailing Safety Guidance

On a bright day the lake looks inviting, if you intend going on the water then look at the advice from British Canoeing and Atoll SUP boards.

This advice echoes the Club lone sailing policy emphasising that with a bit of extra planning you can safely enjoy your paddling .

Their top tips are :

- 1. Check the weather, check the water**
- 2. Plan your session**
- 3. Be prepared for cold water and dress appropriately**
- 4. Be a social paddler**
- 5. Wear a buoyancy aid**
- 6. Take a phone or VHF radio**
- 7. Take spare clothes**
- 8. Think about food and drink**
- 9. Stay hydrated**
- 10. Enjoy your paddling!**

Click on their links to look for more detail...

<https://www.britishcanoeing.org.uk/news/2017/winter-paddling-safety-guidance>

<https://atollboards.com/how-to-dress-for-cold-water-paddling-even-if-you-dont-have-a-full-wet-suit/>



# USE OF CLUB EQUIPMENT

The Use of Club Equipment policy is intended to support members safely in the early stages of their sailing and paddlesports development.,

The club maintains a fleet of craft, including sailing dinghies, paddleboards, and kayaks as well as a selection of personal equipment for member's use during club instructor-led activity sessions. The club fleet is also used to run community-based events such as open days and taster sessions.

**For the 2023 season there will continue to be no charge for member's use of club craft and equipment during club sessions.**

**Club rates will apply for other times (please see exceptions below).**

Club instructor-led activity sessions, when there are appropriate qualified instructors and safety measures in place, are primarily:

- Sailing – Sundays
- Paddleboarding – Thursday evening SUP club
- Kayaking – Thursday evening canoe club
- Other ad-hoc and programmed events which will be communicated in advance

The club sessions are designed to provide a pathway for new members, those wishing to develop skills in the various disciplines, gain qualifications, progress in their chosen discipline, e.g., racing, or just to enjoy the activity as part of a group session. As such club craft and equipment are not generally available for casual use outside of the prescribed activities.

Use of club sailing dinghies is only permitted when safety cover is active on the lake, provided by a club helm who holds at least RYA PB2 certificate.

Members wishing to enjoy the activities on the lake outside of the club-led sessions are expected to follow the club lone sailing/paddling guidelines and to have a level of competency in the respective activity, be confident in their ability to self-rescue and to rescue others in their group, and to provide their own craft and personal equipment.

## **REMEMBER:**

A proper fitting buoyancy aid is mandatory for all activity on the water .

Waist belt buoyancy aids are not permitted for use on the lake.

Complete the relevant equipment log book so we have a record of usage.

Useful Links:	
Club Website	<a href="https://clywedogsailing.org.uk">https://clywedogsailing.org.uk</a>
Members Facebook	
Newsletter: send news and pictures to...	<a href="mailto:paulfeely@btinternet.com">paulfeely@btinternet.com</a>