



**The 2023 season has moved on from the chilly days of March and April to a rerun of the scorching temperatures of last year. This good weather has encouraged an increase in day visitors and a welcome influx of new members both sailing and paddlers.**

Hello Everyone.

I have managed to meet a lot of the new members during May as we had 3 x Bank Holidays. The club wasn't as busy as we thought but a great family and friendly atmosphere at the moment.

We have a very flexible calendar at the moment so any requests or suggestions welcome, we have juggled a few dates round so please check the calendar further down the Newsletter.

We are welcoming Welshpool Canoe Club on Sunday 25<sup>th</sup> for a big paddle (all club members invited) and our galley crew led by Maggie are putting on a barbecue in the late afternoon, please try and join us. If you can help please let me know. More details on club Facebook page later.

We are trying to have someone on duty Sat and Sundays to help with admin, information, safety and welcome duties. There is a draft Rota here and will be posted on Club Notice board. If you are on the list can you confirm your availability.

Su and I are off for a couple of weeks in June early July so I will not be at the club every weekend.

## **DUTY OFFICERS ROTA    Provisional**

Date	Duty Officer	Instructor	Safety	Helm
Sat Jun 10 <sup>th</sup>	-			
Sun Jun 11 <sup>th</sup>			Stef F	Jase ? (H)
Sat Jun 17 <sup>th</sup>	-			
Sun Jun 18 <sup>th</sup>	Gillian Roberts			Des R (H)
Sat Jun 24 <sup>th</sup>	-			
Sun Jun 25 <sup>th</sup>	Kevin Andrew	Keith R		Tom Pert (H)
Sat Jul 1 <sup>st</sup>	-			
Sun Jul 2 <sup>nd</sup>	Gavin Goodhall	Stef F		Chris Dartnell (H)
Sat Jul 8 <sup>th</sup>	-			
Sun Jul 9 <sup>th</sup>	Keith R Keith R?	Tracey Pryce (H)		
Sat Jul 15 <sup>th</sup>	Rod Townsend			
Sun Jul 16 <sup>th</sup>	Paul Feely	Stef F?		Lorraine Pratt (H)
Sat Jul 22 <sup>nd</sup>	Jenny Glover?			
Sun July 23 <sup>rd</sup>	Mick Crehan			Lee Worthington (H)

The main duties for the Duty Officer would be.

Open Clubhouse and check all well.

Welcome Duties

Be on site generally for queries, access to kit where applicable, filling in logs. reception, club familiarisation for new members and admin duties.

Check Have camping Register and Caravan logs been filled in by anyone staying at the club.

Collect any Day membership Where applicable with rules

Cash if take in envelopes and put in box in Kitchen or give to Des if present

Optional : Fill Water Geyser, and if happy to provide Teas/Coffees put tuck shop bits out (which means need to bring some milk) Price list is on a blackboard.

**Thanks from**

**Commodore Keith**

# Message from our membership secretary Tracey

Hi all

A big thank you to all who have rejoined and a big welcome to all our new members.

If you are not intending to rejoin, please remove your craft from the boat yard but please let me know when you have so that you do not have to put up with my reminders!

Don't forget after taking out your membership you have to contact me to register for the 2023 members facebook page.

See you on the water soon .....



## SUNDAY 25<sup>th</sup> June

### BIG PADDLE ( SUP and SAIL ) with afternoon BBQ

Sunday 25<sup>th</sup> we have invited Welshpool Canoe Club for a paddle followed by a BBQ. It will be a great chance to meet a group of like minded water enthusiasts, all are welcome , club will be running the BBQ , more details on activities and booking food will be posted on facebook.



If you would like to help out have a word with Richard or Keith.

## Other news-

**Canoe Club** has recommenced the Thursday evening lake sessions, see Richard or the facebook page for details..

**SUP Club** is expected to resume shortly... Andy will be posting an update .

Members are advised to be aware when near or handling the mooring bouys, there have been a small number of cases where **fishhooks** have fouled the mooring rope and have been left in situ rather than removed.

Mark at the fishing club has passed our concerns onto his members.

**This month** - officials from from **Hafren Dwfrydwy** will be using the slipway to launch a survey vessel , this won't impact use of the slipway.

**Club repairs-** you will have noticed this is an ongoing item - The electrical work inside the main clubhouse is now complete and the new elsan disposal point is connected and functioning. Thanks Jason and Richard.

The **Bosuns shed** behind the main building has been removed and a more substantial shed is now being put in its place .

New gravel has been laid around the clubhouse entrance , the grounds are looking better than ever... thanks to Stuart for the hard work keeping the grass under control and giving the pine trees their first haircut in years, and to Kevin and Ester for disposing of some of the accumulated brush.....

and so it goes on..... many thanks to those members who continue to give some of their time to complete these jobs so everyone can enjoy the facility.

# CLUB HOUSE CLEANING ..... VOLUNTEER (S)? ?

We are still struggling to engage someone to do club cleaning. We try and stay on top of things even after busy sessions like the DoE group visit last year.



If any member would like to take over or is aware of anyone who may be interested, please let us know.

In the meantime we all have to take responsibility for keeping the club clean. We ask all members- and their visitors- to remember these few simple rules for everyone's benefit.

Take home all rubbish you may generate

Wash, dry and put away any crockery and cutlery you may use, leave the galley clean.

If using showers use the mop or squeegee to dry off any water on the floor.

We are a volunteer club and everyone has a responsibility to keep the place clean, tidy and secure.



# Paddling and Safety Guidance



On a bright day the lake looks inviting, if you intend going on the water then look at the advice from British Canoeing and Atoll SUP boards.

This advice echoes the Club lone sailing policy emphasising that with a bit of extra planning you can safely enjoy your paddling .

Their top tips are :

- 1. Check the weather, check the water**
- 2. Plan your session**
- 3. Be prepared for cold water and dress appropriately**
- 4. Be a social paddler**
- 5. Wear a buoyancy aid**
- 6. Take a phone or VHF radio**
- 7. Take spare clothes**
- 8. Think about food and drink**
- 9. Stay hydrated**
- 10. Enjoy your paddling!**

Click on their links to look for more detail...

<https://www.britishcanoeing.org.uk/news/2017/winter-paddling-safety-guidance>

<https://atollboards.com/how-to-dress-for-cold-water-paddling-even-if-you-dont-have-a-full-wet-suit/>



## Provisional Dates for rest of 2023 season

<p>Sat JUNE 10 Canoe White Water Improvers 1</p> <p>Sun JUNE 11 – Racing. 20/20 Series, rapid short races for all</p> <p>Sat JUNE 17 – SAILABILITY OPEN DAY, POSTPONED</p> <p>Sun JUNE 18 Long distance relaxed race on nearly the longest day (weather dep.)</p> <p>Sat JUNE 24 – Canoe Flat Water Paddle</p> <p>Sun JUNE 25 – Big Barbecue day With Welshpool Canoe club</p> <p>Sun JULY 2 – Catamaran Day</p> <p>Sun JULY 9 – Racing. 20/20 Series, rapid short races for all (Races 6,7,8,9,10)</p> <p>Sun JULY 9 Canoe White Water Improvers 11</p> <p>Sun JULY 16 – Racing. Summer Series (Races 1,2,3)</p> <p>Sun JULY 23 Canoe River Trip</p> <p>Sun JULY 23 – Racing and Fun. CRUISER INVITATION DAY ? Fancy Dress – and fun racing</p> <p>JULY 23 – Racing and Fun. CRUISER INVITATION DAY ? Fancy Dress – and fun racing</p> <p>JULY 30 – Racing. Summer Series (Races 4,5,6)</p>	<p>AUGUST 6 – Event. Aldridge SC Weekend ?</p> <p>AUGUST 6 – Free Sail. All welcome</p> <p>AUGUST 13 – Racing. Summer Series (Races 7,8,9)</p> <p>AUGUST 20 – Free Sail and Informal Training.</p> <p>AUGUST Sat/Sun 25<sup>th</sup>/26<sup>th</sup> Canoe Camp Trip</p> <p>AUGUST 26-28 – Event: CVRDA event, race day on 27<sup>th</sup>, all welcome regardless of class of boat. Free Sailing on the Sunday and evening social.</p> <p>SEPT 2 – Free Sail and Informal Training.</p> <p>SEPT 3 – Event. Youth Regatta Day – training, racing and general fun. Adults welcome!</p> <p>SEPT 10 – Free Sail and Informal Training. All welcome</p> <p>SEPT 17 – Racing. Pursuit Racing (1,2,3) 24 – Racing. Autumn Series (Handicap races 1,2,3,4)</p> <p>OCT 1 – Free Sail and Informal Training.</p> <p>OCT 8 – Racing. Pursuit Racing (4,5,6)</p> <p>OCT 15 – Racing. Autumn Series (Handicap races 5,6,7,8)</p> <p>OCT 22 - Racing &amp; Event. Final Fling</p> <p>OCTOBER 28 &amp; 29 – Clocks go back Work Party - Winter Close Down Weekend</p>
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# USE OF CLUB EQUIPMENT

The Use of Club Equipment policy is intended to support members safely in the early stages of their sailing and paddlesports development.,

The club maintains a fleet of craft, including sailing dinghies, paddleboards, and kayaks as well as a selection of personal equipment for member's use during club instructor-led activity sessions. The club fleet is also used to run community-based events such as open days and taster sessions.

**For the 2023 season there will continue to be no charge for member's use of club craft and equipment during club sessions.**

**Club rates will apply for other times (please see exceptions below).**

Club instructor-led activity sessions, when there are appropriate qualified instructors and safety measures in place, are primarily:

- Sailing – Sundays
- Paddleboarding – Thursday evening SUP club
- Kayaking – Thursday evening canoe club
- Other ad-hoc and programmed events which will be communicated in advance

The club sessions are designed to provide a pathway for new members, those wishing to develop skills in the various disciplines, gain qualifications, progress in their chosen discipline, e.g., racing, or just to enjoy the activity as part of a group session. As such club craft and equipment are not generally available for casual use outside of the prescribed activities.

Use of club sailing dinghies is only permitted when safety cover is active on the lake, provided by a club helm who holds at least RYA PB2 certificate.

Members wishing to enjoy the activities on the lake outside of the club-led sessions are expected to follow the club lone sailing/paddling guidelines and to have a level of competency in the respective activity, be confident in their ability to self-rescue and to rescue others in their group, and to provide their own craft and personal equipment.

## **REMEMBER:**

A proper fitting buoyancy aid is mandatory for all activity on the water .

Complete the relevant equipment log book so we have a record of usage.

Useful Links:	
Club Website	<a href="https://clywedogsailing.org.uk">https://clywedogsailing.org.uk</a>
Members Facebook	
Newsletter: send news and pictures to...	<a href="mailto:paulfeely@btinternet.com">paulfeely@btinternet.com</a>